

SPIRIT OF ADVENTURE COUNCIL | NORTHERN NEXUS OF ADVENTURE SPECIAL DIET INFORMATION

Spirit of Adventure Council strives to make a stay at camp as enjoyable as possible for all Scouts and leaders, regardless of any dietary restriction that they may have. We recognize the concern that a parent or leader may have when sending a Scout with a food allergy to camp, especially for the first time. We will work closely and individually with all parents to insure that special dietary needs are met in a healthy, nutritious and enjoyable way. Our Food Service Team is trained to recognize and work with most common food allergens. We have experience dealing with allergies related to peanuts and tree nuts, grains, soy, fish and shellfish, as well as lactose and gluten intolerance.

NUT ALLERGIES: Spirit of Adventure Camp Dining Halls are Peanut and Tree Nut Free environments. Sunflower Butter is available at every meal as a meal option for Scouts and Leaders. **BE ADVISED THAT THE CAMP TRADING POSTS MAY HAVE PRODUCTS WITH NUTS IN THEM.**

We understand that some Scouts have specialized diets due to health, religious* or personal reasons. We will make an effort to meet these needs to the best of our abilities provided adequate notice is given. We offer a vegetarian offering at every meal to those giving advanced notice.

If a Scout or Leader has a severe condition that requires them to consume a diet of highly specialized foods we encourage them to provide us with those foods and we will gladly store and prepare them for you.

Parents or leaders are welcome to contact the NeXus Operations Director at abarlow@scoutspirit.org to discuss an individual's special dietary needs or set up a meeting with one of our camp Chefs to discuss any needs on the day of their arrival. We ask that anyone special dietary needs fill out the following form and return it to the NeXus Operations Director at least 2 weeks prior to your stay at camp.

We won't let anyone go hungry. Therefore, each meal has a number of options so that even picky eaters can find something to eat. Typical options for breakfast include fruit and cereal. Typical options for lunch and dinner include sun-butter & jelly and a salad bar. If a Scout is having a particular problem finding something to eat in the dining hall, his leader can speak with the kitchen staff to make sure that he is eating enough throughout the week.

*Our camps do not keep kosher kitchens. Meals that do not meet with a Scout's kosher requirement will typically have the meal substituted with the vegetarian offering. Other arrangements can be made if this does not meet your needs.

**SPIRIT OF ADVENTURE COUNCIL | NORTHERN NEXUS OF ADVENTURE
SPECIAL DIETARY REQUEST FORM**

Scout's Name: _____ **Unit Number:** _____

Campsite: _____ **Week:** _____

Person to contact if we have any questions: _____

Phone: _____

Please List all food allergies:

Please list all special dietary requests (e.g., vegetarian, kosher*, etc.):

Please list any special foods being supplied by the scout or leader:

Is there anything else we should know about your dietary needs?

*Our camps do not keep kosher kitchens. Meals that do not meet with a Scout's kosher requirement will typically have the meal substituted with the vegetarian offering. Other arrangements can be made if this does not meet your needs.