

New England Base Camp Outdoor Conference

Sunday, April 29th 2018

411 Unquity Road Milton, MA



Introductions and advanced courses in outdoor skills, tips and tricks for leading outings, and hands-on activities! Learning & Training for Adult Leaders & Scouts.

The NEBC Outdoor Conference is for those trying to make their unit's experience more interesting and challenging. Courses are hands on and interactive with experts on hand to help you build on your unit's plan. You will leave having gained skills and ideas on how to take the well-grounded next step to enhance your program.

Sixteen different program areas:

Aquatics, Big Time Hiking, Biking, Camping, Climbing, First Aid, Fishing, High Adventure Bases, Hiking, Outdoor Cooking, Outdoor Skills, Paddling, Scouting, Shooting Sports, Specialty, Winter

Four different courses offered in each program area. With four time periods, you have the opportunity to take four different courses in whatever pathways you find interesting!

Experience Scout training outside a classroom setting. Prepare activities and acquire skills where Scout trainings are meant to take place...in the outdoors! Six opportunities to earn certifications!

Additional exhibitions:

- Champion hunting dogs
- World Record-Holding Trick Archery
- What's New at New England Base Camp & the Northern NeXus
- Photographing in Nature
- Vendors from outdoor camping companies

This event brought to you by:



Registration: 8:00am

Period 1: 9:00am- 10:30am

Period 2: 10:30am- 12:00pm

Lunch: 12:00pm- 1:00pm

Period 3: 1:00pm- 2:30pm

Period 4: 2:30pm- 4:00pm

Through The Spirit
of Adventure Council,
Boy Scouts of America



Sponsorship inquiries: Mariama.Sano@scouting.org

View all of our Program offerings below:

Aquatics	
9:00am- 10:30am	<p>Safety Afloat</p> <p>Certification earned. Safety Afloat has been developed to promote boating and boating safety and to set standards for safe unit activity afloat. Before a BSA group may engage in an excursion, expedition, or trip on the water (canoe, raft, sailboat, motorboat, rowboat, tube, or other craft), adult leaders for such activity must complete Safety Afloat Training, have a commitment card with them, and be dedicated to full compliance with all nine points of Safety Afloat.</p>
10:30am- 12:00pm	<p>Safe Swim Defense</p> <p>Certification earned. Before a BSA group may engage in swimming activities of any kind, a minimum of one adult leader must complete Safe Swim Defense training, have a commitment card with them, and agree to use the eight defenses in this plan.</p>
1:00pm- 4:00pm	<p>Paddle Craft Safety</p> <p>Note: This course takes 2 time periods. Certification earned. BSA Paddle Craft Safety expands Safety Afloat training to include the skills and knowledge needed for a unit leader to confidently supervise canoeing or kayaking excursions on flat water.</p>

Big Time Hiking	
9:00am- 10:30am	<p>Backcountry Navigation with Maps & Compasses</p> <p>During this field outing, our instructors will help you understand the information provided on your map, the proper use of your compass and how to put the two together while planning your trip and on the trail. We will cover the tricks of the trade relating to backcountry navigation as we apply our knowledge on the trail establishing and navigating the route.</p>
10:30am- 12:00pm	<p>Thru- Hiking</p> <p>An Appalachian Trail thru-hike is one of the greatest gifts to yourself. It's a true-life adventure in a modern world. Backpacking long-distance by foot is far from a smooth journey, however. Discover the physical, psychological and logistical secrets that can help you earn the coveted moniker of "Thru-Hiker"</p>
1:00pm- 2:30pm	<p>Long Distance Packing</p> <p>Planning a long distance or thru hike can be intimidating or overwhelming to even the most experienced hiker. We will focus on the different types of materials used in shelters and sleep systems, gear and preparation needed for long distance hiking.</p>
2:30pm- 4:00pm	<p>Collecting the White Mountains 4,000 footers</p> <p>Ready to hike the 4,000-footers of the White Mountains? Our instructor will get you and your scouts started. Learn more about how to join the New Hampshire 4,000-Footer Club!</p>

Biking	
9:00am- 10:30am	<p>Bike Maintenance & Roadside Repair</p> <p>Learn what to do on your ride when the unexpected happens. From flat tires to broken spokes and noisy chains to broken cables - our instructors will recommend tools for your trail/road tool kit and share tips and tricks to help you triage the situation in the field to keep you riding.</p>
10:30am- 12:00pm	<p>Planning a Bike Trip</p> <p>Have you been dreaming of going on a bike trip, but don't know where to start? Learn how you can prepare for a self-sustained bike trip! You will also learn about what gear you'll need for the long haul, and how to stay safe and healthy on the ride!</p>
1:00pm- 2:30pm	<p>Overnight Packing on a Bike</p> <p>Bikepacking--or backpacking by mountain bike--is an increasingly popular way to enjoy the outdoors. Bikepacking lets you cover more miles than hiking plus you can access dirt roads and trails that may be inaccessible to other vehicles. In this class we will cover various aspects of bikepacking including outfitting your bike, gear to bring, and trip planning tips.</p>
2:30pm- 4:00pm	<p>Introduction to Mountain Biking</p> <p>Experience the thrill of mountain biking! We'll start by addressing proper bike fit and making any necessary adjustments to your bike. Next we'll demonstrate riding techniques, including body and pedal position, shifting, braking, climbing, descending, and navigating minor obstacles on the trail. We'll also go over important communication skills and mountain biking trail etiquette with the aim of keeping multi-use trails open and safe for everyone.</p>

Camping	
9:00am- 10:30am	<p>Find Your Park</p> <p>Looking to explore the great outdoors in your own backyard? Join us as we help you discover some of best spots to enjoy and recreate around your location.</p>
10:30am- 12:00pm	<p>Camping Basics for 1st Time Campers</p> <p>Have you wanted to try camping but don't know how to get started? Learn what you need to take your first (or second or third) camping trip. We will cover the basics including: how to be warm, dry and comfortable camping, gear and equipment necessities, ideas for fun activities; and great local areas to give it a try.</p>
1:00pm- 2:30pm	<p>Camping with Cubs</p> <p>Camping is the foundation of most of our outdoor scouting activities. It comes down to a pack, stove, tent and warm sleeping bag. Join the New England Base Camp instructors to learn how to make a comfortable home for yourself</p>

	and your Cub Scouts in the wild. We'll show you how to set up a model campsite using proper Leave No Trace skills. Instructors will show you where to position your kitchen area, your "bathroom facilities" and your tent site for maximum safety and comfort. Food storage and wildlife safety will also be covered. Our goal is to teach practical camping skills for use for you and your Cub Scouts.
2:30pm- 4:00pm	<p>Essential Camping Skills</p> <p>Camping is the foundation of most of our outdoor activities. No matter what sport you pursue, it all comes back to a pack, stove, tent and warm sleeping bag. Learn how to make a comfortable home for yourself in the wild. We'll show you where to position your kitchen area, your "bathroom facilities" and your tent site for maximum safety and comfort. Food storage and wildlife safety will also be covered. Our goal is to teach practical camping skills for use in every situation, from car camping to long-distance backpacking.</p>

Climbing	
9:00am- 10:30am	<p>Ice Climbing and Mountaineering</p> <p>Come and have fun on the ice. Take a spin and learn how to elevate your winter program by introducing Ice Climbing and Mountaineering.</p>
10:30am- 12:00pm	<p>Climb on Safely</p> <p>Certification earned. Climb On Safely is the Boy Scouts of America's procedure for organizing BSA climbing/rappelling activities at a natural site or a specifically designed facility such as a climbing wall or tower.</p>
1:00pm- 2:30pm	<p>Rock Climbing Basics</p> <p>Join us for an introductory class in rock climbing. Participants will leave with an understanding of the different types of climbing, what gear is necessary and the basics on how to get started.</p>
2:30pm- 4:00pm	<p>Climbing Opportunities</p> <p>New England is one of the country's most spectacular rock climbing arenas. The 66,608-square-mile region is studded with intimate crags, sweeping walls, compact sea cliffs, towering ledges, and spectacular overhangs. Discover climbing history, pitch-by-pitch written descriptions, detailed topos and clear overview photos, and insider tips to remote climbing areas waiting to be explored.</p>

First Aid	
9:00am-12:00pm	<p>Wilderness First Aid</p> <p>Note: This course takes 2 time periods. The Wilderness First Aid (WFA) course will help you prepare for the unexpected. It will introduce you to caring for people who become ill or injured far from definitive medical care. Classroom lectures and demonstrations are combined with realistic scenarios where mock</p>

	patients will challenge you to integrate your learning. At the end of the course, you'll have the knowledge, skills and ability to make sound decisions in emergency situations.No certification earned.
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Fishing	
9:00am- 10:30am	<p>Fly Fishing</p> <p>Come join us and learn more about why lots of people are excited about fly fishing. During this fun and informative course, our expert guides will teach participants what gear that they need, how to cast and hopefully how to reel in some fish.</p>
10:30am- 12:00pm	<p>Planning a Fishing Trip</p> <p>There is more to fishing trips than just bringing a rod and reel. Let us help you introduce one of the most popular and fastest growing activities for youth across America. Learn what you will need gear wise, how to pick a fishing spot, cleaning and more. Plus you might just get to throw a couple of casts.</p>
1:00pm- 2:30pm	<p>Fly Tying</p> <p>This step-by-step course is a great opportunity to learn a new skill and correct any bad habits. The course will allow you to learn to tie two different flies and how to pick the right fly.</p>
2:30pm- 4:00pm	<p>Fishing with Kids</p> <p>Fishing is the fastest growing activity with your today. It is also one of the highest rated outdoor activity to do with kids. Come and learn from our fishing guides on how to create a fishing program for youth that Scouts will be excited about and that they can learn from.</p>

High Adventure Bases	
9:00am- 10:30am	<p>Philmont</p> <p>Philmont is the world's biggest youth camp, and thousands of Scouts go through their hallowed trails every year. This class will teach troop leaders, Scouts, and parents about the different kinds of equipment options that are on the Philmont checklist to bring. Learn what you'll need, what you already have,</p>

	and what you can substitute effectively.
10:30am- 12:00pm	<p>Sea Base</p> <p>The Florida National High Adventure Sea Base is a unique Scouting program that offers aquatics programs found nowhere else. Whether your interests lie in sailing, scuba diving, rustic camping on an undeveloped barrier island, fishing or a combination of all, come learn about how you can take advantage of this base.</p>
1:00pm- 2:30pm	<p>Northern Tier</p> <p>Northern Tier is the Boy Scouts of America's gateway to adventure in the Great Northwoods. In the Summer, scouts explore millions of acres of pristine lakes, meandering rivers, dense forests and wetlands in Northern Minnesota, Northwest Ontario and Northeast Manitoba. In the winter, Northern Tier is home to the Okpik Cold Weather Camping program. Find out more about Northern Tier's seasonal programs and opportunities.</p>
2:30pm- 4:00pm	<p>Summit</p> <p>Situated in the wilds of West Virginia, The Summit is a training, Scouting, and adventure center for the millions of youth and adults involved in the Boy Scouts of America and anyone who loves the outdoors. The Summit Bechtel Reserve is also home to the National Scout Jamboree. Learn about the high adventure, training and scout camping possibilities.</p>

Hiking	
9:00am- 10:30am	<p>Hiking Metro Boston's Best Spots</p> <p>This indispensable guide will introduce you to 60 of the best day hikes in the Boston area. Whether you are an avid hiker or just visiting the city, this session is a must-have resource for shorter walks and day-long adventures, taking you on hikes in the Middlesex Fells and Blue Hills reservations, the sands of Crane Beach, and the forests of eastern Massachusetts.</p>
10:30am- 12:00pm	<p>Hiking 101- What's Inside Your Pack</p> <p>Experts will share tips and tricks on all aspects of hiking. So you have your backpack loaded with all the "necessary" items for your next backpacking trip. Learn about trip planning, gear, and safety precautions, along with local resources and places to go.</p>
1:00pm- 2:30pm	<p>Hiking New England's Best Places</p> <p>From Camel's Hump to Katahdin to Cape Cod, New England's wildest and least-touched trails offer spectacular adventures for backpackers of every skill level.</p>
2:30pm- 4:00pm	<p>Hiking Trails</p> <p>This class is designed to give the prospective hiker and backpacker a solid foundation for planning a trip on the trail. We'll teach you the logistics behind a hiking or backpacking trip. We'll focus on trip planning skills for: day hikes, section hikes, and thru hikers. We'll recommend local and historic trails.</p>

Outdoor Cooking	
9:00am- 10:30am	<p>Camp Cooking Basics for Backpackers</p> <p>Are you planning an overnight backpacking trip and have questions about how and what to make for your meals? We will cover equipment (stoves, cook sets & fuel), planning and preparation along with some tips and tricks to make your meals the hit of the trip.</p>
10:30am- 12:00pm	<p>Hands-on Camp Stoves & H2O Filtration</p> <p>Are you planning a camping or backpacking trip and have questions about what type of cook system to use? What is the difference between a liquid fuel stove versus a canister stove? What is the best method for cleaning water? In this hands-on course, you will sample the most advanced camp stoves and water filtration tools. You will leave this class knowing which equipment is right for you and how best to use the tools you already have.</p>
1:00pm- 2:30pm	<p>Gourmet Camp Cooking</p> <p>If your camp meals have been following the same old pattern, join us for some insight into putting the gourmet back in your camping experience. We'll break down some of the components of great meals and translate how to bring them into the outdoors. Understanding food by its components will change the way your plan and prepare your next camping feast. Your campsite can become every bit as versatile as your kitchen.</p>
2:30pm- 4:00pm	<p>Camp Cooking Basics</p> <p>Learn how to build a safe, efficient camp kitchen, design a menu, and prepare nutritious, tasty meals that will delight your campers and elevate your wilderness experiences! Learn about proper food handling and sanitation techniques and tips on preparing and storing your food to minimize cleanup. We will discuss what stove and fuel types are best for your needs, then we will prepare and cook a shared meal on a variety of stoves.</p>
9:00am-12:00pm	<p>Dutch Oven Cooking</p> <p>Note: This course takes 2 time periods. Learn the care and feeding of your cast iron cookware. We will cook and share a recipe or two and give you some tips to get the best out of your cookware.</p>
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Paddling	
9:00am- 10:30am	<p>Paddling with Kids</p> <p>Canoeing, paddle boarding, kayaking and more. Paddling allows youth to get out of their comfort zone in a safe and controlled environment. Come learn</p>

	what it take to put on a paddling outing, some suggestions on where you can go and see different options on boats.
10:30am- 12:00pm	Paddling Treks Take kayaking canoeing or paddle boarding to the next step. In this class learn the basics of what gear to bring, what to leave behind, and how to pack your kayak or SUP for an overnight or multi-day kayak trip. Learn the tips and tricks for an amazing adventure.
1:00pm- 2:30pm	Paddling Gear & Packing This information- packed class will cover planning and preparing your own adventure with trip-tested ideas and suggestions. We will cover an overview of trip planning, equipment, packing, portaging, food and more!
2:30pm- 4:00pm	Paddling Basics Paddling is one of the fastest growing outdoor recreation activities. Before you head out on the water, be sure to learn the PADDLING BASICS. This class offers you an overview of information on Canoes, Kayaks and Stand-up Paddleboards. We will cover Equipment, Apparel, Trip Planning and Transportation.

Scouting	
9:00am- 10:30am	Day Camps Learn about all the day camp opportunities available. Also find out about the many benefits of volunteering.
10:30am- 12:00pm	Gilwell & Shanawanda Resident Camps Join the fun of full or half summer camping. Unique pathways, such as specialty fishing, each week of the summer.
1:00pm- 2:30pm	New England Base Camp 7 weeks of Summer programming, over 35 weekends of off-season programming, and lots of specialty programs, such as ice climbing. Find out about all the opportunities.
2:30pm- 4:00pm	Adventure Card Membership in the Spirit of Adventure Council. 20% off camp weeks, 20% off facility rentals, free open program. You + Adventure Card = FUN!

Shooting Sports	
9:00am- 10:30am	Mountain Man & Black Powder Rifles The Mountain Men played a huge role in extending the frontier to the Pacific coast by exploring the fertile valleys of the uncharted west and spreading the word back to eager farmers in the east. They adapted to their wilderness surroundings and adopted character traits from their wilderness friend. Come

	and see what it takes to put on a Rendezvous in your unit.
10:30am- 12:00pm	Shooting Sports Programs Every kid, girl or boy, wants to try shooting sports. Get ready to add the program that every kids wants to do in a safe and controlled manner. See the different programs that are available, learn how to set them up and try your hand at shooting a little.
1:00pm- 2:30pm	What I Can/ Can't Do with Scouts in Shooting Sports What do you have to have to run a shooting sports program and how do you get it. Let the New England Base Camp Staff help you get ready for a safe program.
2:30pm- 4:00pm	The Best of Archery There is more to archery than shooting at a target 20 feet away. Archery is an activity that youth find exciting, keeps that their interest and has proven to help with their attention span. Come learn what you can do with this program, how to get it started with your family or unit.
9:00am-12:00pm	BB Shooting Note: This course takes 2 time periods. Certification earned. Take this opportunity to learn more about BB Shooting and what is involved with running an bb range safely. Once you have completed the course, you will be able to open a bb range at a district or Council Scouting event. We will also show ways to advance your shooting skills and certification.
1:00pm- 4:00pm	Archery Note: This course takes 2 time periods. Certification earned. Take this opportunity to learn more about Archery and what is involved with running an archery range safely. Once you have completed the course, you will be able to open an archery range at a district or Council Scouting event. We will also show ways to advance you archery skills and certifications through the National Archery Association.

Specialty	
9:00am- 10:30am	Geocaching Geocaching is an outdoor activity that uses Global Positioning System (GPS) to hide and to seek small containers called caches. They are everywhere, in fact, there are over 16 million of them worldwide. All you need to have to play is a smart phone and youth love it. Think of it as "Pokeman Go" with skills. Our instructors will help you download the app, show you how to read it, set an cache and maybe find a couple along the way.
10:30am- 12:00pm	Outdoor Ethics- Know What to Do in the Woods Good planning is living the experience in advance. When getting ready to head out into the woods, it is important to know and understand what to do to maintain the sustainability of the resources we enjoy. Get a good grasp of Outdoor Ethics and what we can do to protect what we love for future

	generation.
1:00pm- 2:30pm	<p>Leave No Trace</p> <p>We'll give you important notes on trail etiquette and Leave No Trace principles. When getting ready to head out into the woods, it is important to know and understand what to do to maintain the sustainability of the resources we enjoy.</p>
2:30pm- 4:00pm	<p>Blacksmithing</p> <p>Introduction in traditional Blacksmithing with a focus on technique, theory, efficiency, and supplies. Interested in introducing to youth, come to this session and learn!</p>

Winter	
9:00am- 10:30am	<p>Winter Camping Basics</p> <p>You like to camp, but have only tried it in the spring, summer & fall? Learn what you need and what to expect when camping in a winter wonderland. We will cover how to plan, how to stay warm, how to select winter appropriate gear and what to expect when setting up camp and during your overnight. Winter camping is a new experience that is a must-do that keeps you outside all year long!</p>
10:30am- 12:00pm	<p>Wilderness Survival- Winter Skills</p> <p>Learn practical tips and strategies that every outdoor traveler should know including winter emergency priorities, how to make an emergency shelter, and how to make your own emergency kit with all the essentials. You will also participate in interactive scenarios to practice and hone your skills. This class is designed for anyone who spends time outdoors during the winter.</p>
1:00pm- 2:30pm	<p>Snowshoeing Basics & Local Trails</p> <p>Are you looking for a fun winter sport? Join our class on the basics of snowshoeing. We will focus on the appropriate selection of gear as well as the basics on what you need and where to go to get started. If you ever thought about getting into snowshoeing, this is a great introduction to the sport!</p>
2:30pm- 4:00pm	<p>Packing for Winter</p> <p>Experts will share tips and tricks on all aspects of packing, especially in the winter. Learn about trip planning, gear, minimizing your impact on the landscape, and safety precautions, along with local resources and places to go.</p>