

2021 Great Blue Hill “Virtual” Klondike Derby

Welcome to the leaders guide for the 2021 Great Blue Hill “Virtual Klondike Derby” This guide should provide you with all the information you need to participate in years Virtual Klondike.

Why the change for 2021?

- Due to state/BSA restrictions, the traditional Klondike Derby at New England Base Camp, will not be held this year. Instead we are going to have a Virtual Klondike Derby. Troops, Patrols or individual Scouts can participate in the Klondike Derby by holding events at Troop/Patrol Meetings or Day Activities. This guide contains the guidelines for all the activities that your Scouts will participate in. Unit Leaders will be the judges and will email results to the Klondike staff. Once the deadline for submission has passed the awards based on a Patrol’s score will be sent out.

Details:

- Where: At your Troop/Patrol Meetings, Activities, Backyards, Personal Time
- When: February 1 to March 31
- Take as much time as you need to complete the events. This is not intended to be done in one day.

Registration:

- The cost is \$15 per participating patrol to cover the cost of the ribbons and patches.
- Patches and Ribbons will be distributed once the event is over.
- Please include your best guess how many participating patrols/scouts you might have.

Questions:

- Please reach out to Jim Solomon at gbhvirtuallklondike2021@gmail.com

Events:

There will be two types of activities patrol members can partake in. There will be events for the whole patrol and others for individual members to do. The patrol will be scored as a group and recorded on their attached patrol sheet. For individuals, patrols members must do the activity and have some sort of proof (either picture, video, or doing the activity with a family member). Individual Patrol members scores will be averaged together and added to the patrol score.

Patrol Activities:

Activities can be done at troop activities, or on the patrol's own time. The patrol must prove to their scout leaders (either in person or via video) that they have completed the challenges. Patrols MAY do a challenge more than once, but only one score can be submitted per challenge. The goal is to have this to be covid safe. If units want to do these activities in a socially distant manner, please do. Remember to follow the council guidelines. These are intended to be outdoor activities, but maybe be changed with the unit leader's discretion.

Fire Building

- Boil an egg in a wax lined cup
- Using an open flame patrols must build a fire lay to boil an egg in a cup within a 10 minute time limit.
- Points will be awarded if the patrol can get the lay build, lit and accomplish the task
 - 5 points for a proper fire lay
 - 10 points if they get it lit
 - 15 points if they boil the egg
 - Max 10 points for Time
 - 10 points - 0 - 2 minutes
 - 8 points - 2- 4 minutes
 - 6 points - 4 - 6 minutes
 - 4 points - 6 - 8 minutes
 - 2 points - 8 -10 minutes
 - 0 Points over 10 minutes
 - 5 points for no matches
 - 5 points for using homemade fire starters
- No chemically treated fire starters are not allowed

• Cooking

- 15 Points - Help plan a menu for a campout that includes at least one breakfast, one lunch, and one dinner, and that requires cooking at least two of the meals.
- 10 Points - Tell how the menu includes the foods from MyPlate or the current USDA nutritional model and how it meets nutritional needs for a campout.
- 15 Points - Using the menu planned, make a list showing a budget and the food amounts needed to feed three or more boys.
- 10 Points - Show which pans, utensils, and other gear will be needed to cook and serve these meals
- 5 Bonus Points - If the patrol can use our secret ingredient (which is cinnamon) in their menu.
- 15 Bonus Points - If they cook and eat one of the meals.

• Snow Fort Building/Shelter Building

- If there is snow on the ground, the patrol can build a snow fort.
- If there is no snow, then the patrol can build an emergency shelter with at least two sides using tarps.
- The fort/shelter must be big enough to hold 2 people. You do not have to put the people in the shelter.
- The fort/shelter will be worth 25 points. It's all or nothing!
- Patrols can send a video or take a picture of them building the fort/shelter to their leaders

Knots

- Each member must tie a different knot and explain what it's used for.
- Patrol Members must tie the following
 - Square
 - Sheet Bend
 - Two half hitches
 - Taut-line hitch
 - Bowline
 - Clove Hitch
 - Timber Hitch
- Patrols will get 7 points for each knot, except for the square knot which will be worth 8 points. Points will be not be awarded if a patrol member cannot explain what the knot is used for.
- If a patrol doesn't have enough members to tie all the knots, members may tie a second knot to fill out the list. A scout cannot tie more than 2 knots.

- **Lashings**

- Each member must correctly tie a different lashing and explain what it's used for.
- Patrol Members must tie the following
 - Shear Lashing
 - Square Lashing
 - Diagonal Lashing
 - Round Lashing
 - Tripod Lashing
- Patrols will get 8 points for each lashing
- Patrols must also make a gadget using at least 3 lashings
 - This can be done individually or as a group
 - 10 points will be awarded for the gadget
- If a patrol doesn't have enough members to tie all the lashings, members may tie a second lashing to fill out the list. A scout cannot tie more than 2 lashings.

Individual Activities:

These activities are intended for individual Scouts to do on their own. Scouts must prove to their leaders, again via pictures, in person, or via video, that they have completed the challenge. Scouts can attempt to do them as many times as they want, but only one score can be submitted. The scouts in a patrol can all submit their score, (maximum of 8 per patrol) and the leader must take the average of the scores and write them on the score sheet.

- **Nature Hike**

- Identify a combination of 10 plants and animals
- Scouts must take pictures or videos of proof of the plants or animals
- 5 points per correctly identified plant or animal.

- **First Aid**

- Scouts must show proficiency in first aid by demonstrating the following (some with the help of a family member or two)
 - Splinting an arm or a leg
 - Bandaging a sprained ankle
 - Carrying someone 10 feet (either alone or with a partner)
 - Treating severe bleeding
 - Demonstrate washing hands properly
 - Explain why wearing a mask/protective shields are the proper thing to do in this day and age
 - Show how to make a stretcher
 - Explain signs of a heart attack
 - What do to about poisoning
 - Explain the signs and how to treat hypothermia
- 5 points per correctly demonstrated first aid skill will be awarded

- **Snow Sports**

- Scouts must show proof of them participating in any of the following
 - Skating
 - Sledding
 - Cross Country Skiing
 - Snowman building
 - Hockey
 - Anything outdoors and related to the winter!
- Members can earn 5 points per activity (limit 3)
- If there is no snow, members can still earn points by doing some sort of physical activity with their family.

- **Cooking**

- Plan and cook one hot breakfast or lunch, selecting foods from MyPlate or the current USDA nutritional model. – 10 Points
- Explain the importance of good nutrition. – 5 Points
- Demonstrate how to transport, store, and prepare the foods you selected. – 10 Points
- Scouts should send pictures or videos of them preparing the meal to their leader.

- **Camping**

- Scouts can have a virtual camp out in their house. (Backyard is preferable)
- Bonus points will be awarded if the scouts can get other members to join them virtually for the night
- 20 points for the sleep over
- 5 bonus points (up to 15 points for each scout that joins)
- If Scout A camps out virtually with Scout B, they both get credit for each other.

Submitting Scores:

- The completed score sheet must be scanned and emailed to gbhvirtuallklondike2021@gmail.com to be scored by 11:59pm on March 31st. No late entries will be accepted
- Only one score sheet for a patrol will be accepted
 - Send pictures of your scouts doing the activities!
- Encourage scouts taking videos and photos of them doing the activity

Score Levels:

Patrols will earn ribbons based on their scores.

Score Range	Ribbon Awarded
150 – 250	Bronze
251 – 350	Silver
351 – 400	Gold
401 - 420	Platinum

Patrol Name: _____

Troop City and Number: _____

Patrol Activities		
Event	Score Breakdown	Event Total Score
Fire Building	Proper Fire Lay _____ of 5 Fire Lit _____ of 10 Egg Boiled _____ of 15 Time Score _____ of 10 No Matches _____ of 5 Homemade Fire Starter _____ of 5	_____ of 50
Cooking	Menu Planning _____ of 15 Nutrition _____ of 10 Shopping List _____ of 15 Pots and Pans List _____ of 10 Secret Ingredient _____ of 5 Cook and Eat Meal _____ of 15	_____ of 70
Snow Fort/Shelter Building	Snow Fort Built: Y or N	_____ of 25
Knots (7 per knot and 8 for square knot)	_____ Square _____ Sheet Bend _____ Two half hitches _____ Taut-line hitch _____ Bowline _____ Clove Hitch _____ Timber Hitch.	_____ of 50
Lashings 8 Points per lashing 10 points for the gadget	_____ Shear Lashing _____ Square Lashing _____ Diagonal Lashing _____ Round Lashing _____ Tripod Lashing _____ Gadget	_____ of 50
Individual Activities (Average of all Members who participate)		
Nature Hike 5 points for each animal or plant found	Members: 1: _____ of 10 x 5 = _____ 2: _____ of 10 x 5 = _____ 3: _____ of 10 x 5 = _____ 4: _____ of 10 x 5 = _____ 5: _____ of 10 x 5 = _____ 6: _____ of 10 x 5 = _____ 7: _____ of 10 x 5 = _____ 8: _____ of 10 x 5 = _____	_____ of 50
First Aid 5 points for each first aid correctly demonstrated/explained	Members: 1: _____ of 10 x 5 = _____ 2: _____ of 10 x 5 = _____ 3: _____ of 10 x 5 = _____ 4: _____ of 10 x 5 = _____ 5: _____ of 10 x 5 = _____ 6: _____ of 10 x 5 = _____ 7: _____ of 10 x 5 = _____ 8: _____ of 10 x 5 = _____	_____ of 50
Snow Sports 5 points for each activity max 3.	Members: 1: _____ x 5 = _____ 2: _____ x 5 = _____ 3: _____ x 5 = _____ 4: _____ x 5 = _____ 5: _____ x 5 = _____ 6: _____ x 5 = _____ 7: _____ x 5 = _____ 8: _____ x 5 = _____	_____ of 15
Cooking 10 - Plan and cook one meal 5 - Good nutrition 10 - Transportation and storage	Members: 1: _____ of 25 2: _____ of 25 3: _____ of 25 4: _____ of 25 5: _____ of 25 6: _____ of 25 7: _____ of 25 8: _____ of 25	_____ of 25
Camping 20 points if the scout stays out, 5 points for each scout that virtually joins (max 3)	Members: 1: _____ of 35 2: _____ of 35 3: _____ of 35 4: _____ of 35 5: _____ of 35 6: _____ of 35 7: _____ of 35 8: _____ of 35	_____ of 35
Total Score for all events		_____ of 400

Leader's Name (printed): _____

Leader's Signature: _____

Leader's email: _____